Nutrition

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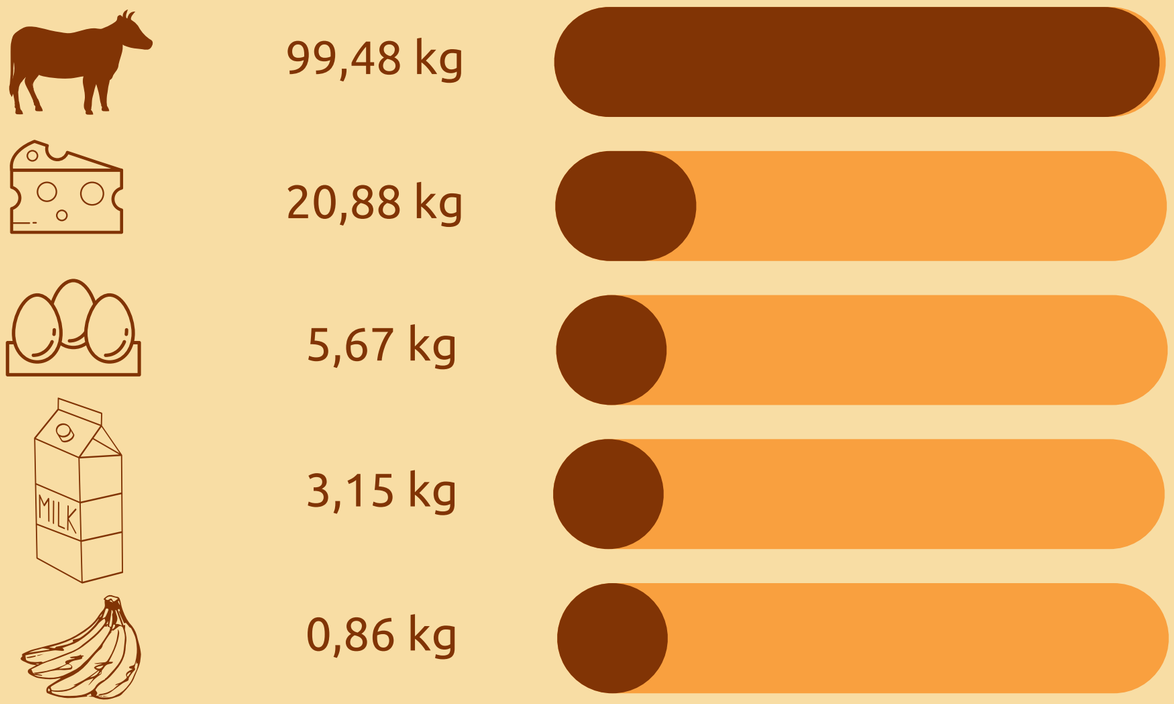
approximate greenhouse gas emissions per kilogram of food products



Graphic based on : OurWorldInData.org/environmental-impacts-of-food • CC BY
Note: Data represents the global average greenhouse gas emissions from food products based on a large meta-analysis of food production covering 38,700 commercially viable farms in 119 countries.

Explore

Take a look at the graphic above. It illustrates the average GHG emissions from food products. Four core elements influence the GHG emissions of food: livestock and fisheries, crop production, land use and the supply chain.

Learn more about them and their influence: https://ourworldindata.org/environmental-impacts-of-food

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Become active

Think about which foods you like and consume regularly. Check the carbon footprint of your favourite foods with the **Climate Change Food Calculator** using the link below.

- What did you expect?
- What surprised you?
- What could you do without and what are better alternatives?

Go to: **www.bbc.com/news/science-environment-46459714**

Share your knowledge

Eating less meat and dairy, or switching from ruminant meat to chicken, pork, or plant-based alternatives will reduce your footprint. Try it for a month, note what you save in emissions when you use alternative products and share your knowledge with others.

#challengeaccepted
#sustainability
#gogreen

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