ACRIC
Active Citizens Reimagining the Community

Instructions

Do you want to climb the ladder?

During the activity (may be done individually or in groups):

1.Write what you understand by the term “participation”;

2. Try to find examples in your own life for as many of the 8 levels from the ladder, as you can, from all settings of your life: at home, school or other educational context, clubs, associations, work and with family and friends;

3. Identify obstacles (things that stop you from moving up the ladder) and enabling factors (things that help them to move up the ladder). Write each idea in a separate “post-it” under the signs selected before on Miro or drawn by hand;

4. Put the “control” and “no control” headings up on the wall or on the Miro’s board, under the first headings and sort each list into two sub-lists according to whether the statements are about things that you have (or could have) control over, or whether the statements refer to external factors that are out of their control;

5. Review the positions of the papers in the four lists. Then go on to the evaluation and debriefing.

Activity adapted from “Compass” the manual for human rights education. If you’d like to see more activities under this scope, please refer to “Compass”: manual or human rights education with young people.

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